



Namaste

join Angela D. Taylor for

GENTLE YOGA

at the New Rochelle Public Library

MONDAYS

6:30pm-7:30pm

October: 23 & 30

November: 13 & 27 December: 11



1 Library Plaza
New Rochelle, NY

Bring your own mat and any props you may use for your practice.

**FREE. To register go to bit.ly/NewNRPLCalendar
or call 914-813-3706**

(find the date you'd like to register, click and proceed with registration)

If you are wait-listed text Angela (914) 484-2527