



Namaste

join Angela D. Taylor for

GENTLE YOGA

at the New Rochelle Public Library

1 Library Plaza, New Rochelle, NY

MONDAYS

6:30pm-7:30pm

June: 26 **July:** 10, 17, 24 & 31

August: 7, 14, 21 & 28

Bring your own mat and any props you may use for your practice.

FREE. To register go to bit.ly/NewNRPLCalendar or call 914-813-3706

(find the date you'd like to register, click and proceed with registration)

If you are wait-listed text Angela (914) 484-2527