



Namaste

join Angela D. Taylor for

Yoga & Meditation

September through **December**

The City Island Community Center, 190 Fordham Street

Sundays

4:00 pm - 5:00 pm

Wednesdays

7:00 pm - 8:00 pm

Bring your own mat and any props you may use for your practice.

Space is limited to 10 participants. Advance Registration required.

To register text Angela @ 914-484-2527
or email @ angeladerecastaylor@gmail.com

\$18 per class payments accepted via
Zelle/Venmo OR cash (in exact bills please)
Zelle 9144842527 or **Venmo** Angela-Taylor-501