

Namaste

join Angela D. Taylor for

Restorative Yoga

at The New Dawn Foundation
590 Davenport Avenue, New Rochelle

Some props will be supplied but please bring a yoga mat,
2-3 yoga blankets or beach towels, and a pillow.

Mondays 7pm – 8pm

in July & August

Space is limited to 5 participants so you
must reserve in advance to confirm your place in class.

To register text Angela @ 914-484-2527
or email @ angeladerecastaylor@gmail.com

\$16 per class payments accepted via Zelle or Venmo:
Zelle 9144842527 or Venmo Angela-Taylor-501