

YOGA *in the park*



Hudson Park Children's Greenhouse

is offering a

FREE Summer Yoga Series

Wednesdays: 6:00pm – 6:45pm

Hudson Park – near Bandshell

w/ Liza Tuck:

June 28, July 12 & 26, August 9 & 23

w/ Angela D. Taylor:

July 5 & 19, August 2, 16 & 30

Persons of all ages and abilities are invited to participate. This yoga series is healthy fun and to raise awareness and support for the Hudson Park Children's Greenhouse. We are 50+ dedicated members, working for over eight years and have raised funds, planned, designed, incorporated, had events, and taught gardening projects to children. Our greenhouse will open this Summer 2023.

After yoga, stay for the concert! The concerts are sponsored by the New Rochelle Council of the Arts. Special thanks to our yoga sponsor this year Mary Jo Jacobs, Senior VP Insurance Advisor/Broker of USI Insurance.

Hudson Park Children's
GREENHOUSE
— NEW ROCHELLE, NEW YORK —

www.hudsonparkgreenhouse.org

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