



# Namaste

join Angela D. Taylor for

*Gentle Yoga* at the City Island Community Center

**Sunday, April 2<sup>nd</sup>**  
4:00pm-5:00pm

**Wednesdays: April 5<sup>th</sup> & 19<sup>th</sup>**  
7:00pm-8:00pm

**\$18 per person per class. To register text Angela (914) 484-2527**

*Restorative Yoga* at the New Dawn Foundation

**Mondays: April 3<sup>rd</sup> & April 24<sup>th</sup>**  
6:00pm-7:00pm

**\$18 per person per class. To register text Angela (914) 484-2527**

*Gentle Yoga & Mandala Coloring*

at the New Rochelle Public Library

**Thursdays: April 6<sup>th</sup> & April 20<sup>th</sup> 6:00pm-7:30pm**

**FREE. To register go to [bit.ly/NewNRPLCalendar](https://bit.ly/NewNRPLCalendar) or call 914-813-3706**  
(find the date you'd like to register, click and proceed with registration)  
If you are wait-listed text Angela (914) 484-2527